

VIDA NOVA

INTEGRATIVE MEDICINE

A Refined Approach to
RESTORING HEALTH



Dr. Boulter's Approach

- In-depth investigation, specialty naturopathic medicine, and compassionate partnership.
- You'll receive clear answers, targeted lab testing, and practical steps toward lasting healing.

Targeted Healing For:



Lyme and Tick-Borne Illness

ILADS-aligned evaluation and treatment for persistent tick-borne illness.



Mold & Environmental Toxicity

Targeted assessment and detox support for mold and environmental exposures.



Autoimmune & Inflammatory Illnesses

Focused testing and therapies to help regulate immune and inflammatory activity.



Dysautonomia

Comprehensive evaluation and support for POTS, EDS, MCAS and craniocervical instability.



Infectious & Post-Infectious

Targeted support for Long COVID, POTS, dysautonomia, EBV, and post-viral syndromes.



Hormone & Thyroid Imbalance

Comprehensive evaluation with personalized treatment support.



Schedule a complimentary 15-minute discovery call

