

# VIDA NOVA

## INTEGRATIVE MEDICINE

A REFINED APPROACH TO  
**RESTORING HEALTH**



### Dr. Boulter's Approach

- In-depth investigation, specialty naturopathic medicine, and compassionate partnership.
- You'll receive clear answers, targeted lab testing, and practical steps toward lasting healing.

### Targeted Healing For:



#### Lyme and Tick-Borne Illness

ILADS-aligned evaluation and treatment for persistent tick-borne illness.



#### Mold & Environmental Toxicity

Targeted assessment and detox support for mold and environmental exposures.



#### Autoimmune & Inflammatory Illness

Focused testing and therapies to help regulate immune and inflammatory activity.



#### Dysautonomia

Comprehensive evaluation and support for POTS, EDS, MCAS and craniocervical instability.



#### Infectious & Post-Infectious

Targeted support for Long COVID, POTS, dysautonomia, EBV, and post-viral syndromes.



#### Hormone & Thyroid Imbalance

Comprehensive evaluation with personalized treatment support.

**Schedule a complimentary 15-minute discovery call**

